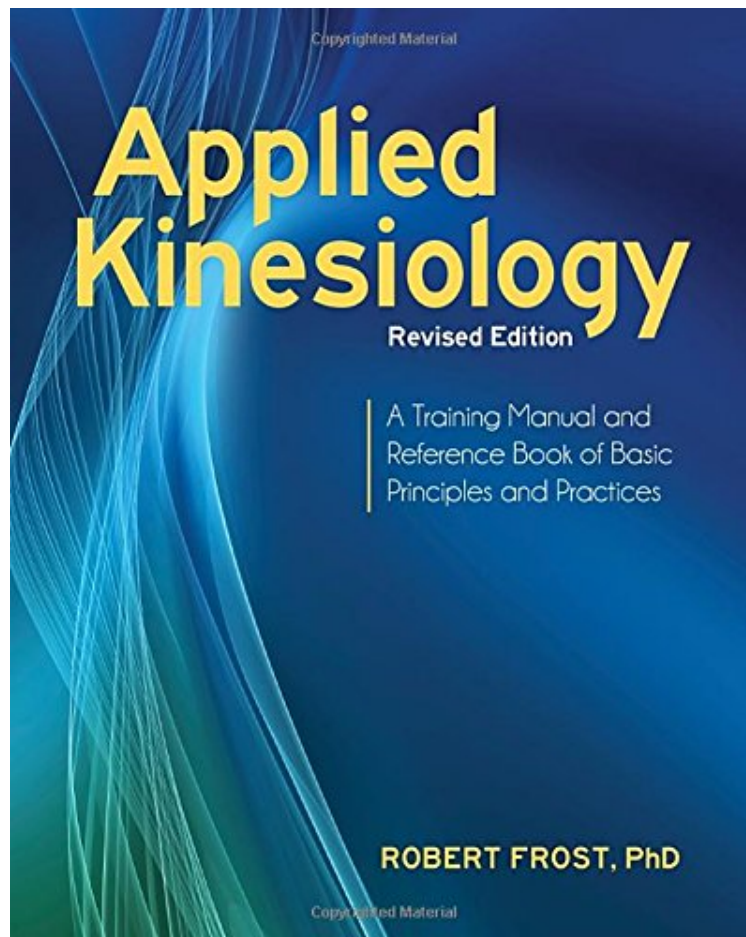


[Mobile ebook] Applied Kinesiology, Revised Edition: A Training Manual and Reference Book of Basic Principles and Practices

Applied Kinesiology, Revised Edition: A Training Manual and Reference Book of Basic Principles and Practices

Robert Frost Ph.D.

*ebooks | Download PDF | *ePub | DOC | audiobook*



 Download

 Read Online

#67500 in Books North Atlantic Books 2013-08-20 2013-08-20 Original language: English PDF # 1 10.00 x .80 x 7.90l, 1.85 #File Name: 1583946128344 pages | File size: 44.Mb

Robert Frost Ph.D. : Applied Kinesiology, Revised Edition: A Training Manual and Reference Book of Basic Principles and Practices before purchasing it in order to gage whether or not it would be worth my time, and all praised Applied Kinesiology, Revised Edition: A Training Manual and Reference Book of Basic Principles and Practices:

2 of 2 people found the following review helpful. Very good, readable and detailed informationBy Beth BloedelI'm a layperson. No medical back ground, but I tend to self treat unless nothing less than RX intervention is needed. I'm enjoying the Applied Kinesiology text book. It is helping to fill in the physiology base that I lack. Very good, readable and detailed information. Would like it to include an extensive index in its next revised edition.6 of 7 people found the following review helpful. A good, solid explanation of "AK"By Mike Addison-SaieApplied Kinesiology, Revised

Edition: A good ,solid explanation of "AK". Covers the basics well and goes in depth on some aspects particularly well.A good solid text which will serve those with appropriate training or those whose level of study is reasonably advanced. The book assumes that the reader has a good anatomy/physiology base,and that is as it should be. If you don't have that you really have no business in this study.Practitioners who,like me,have all of David Walther's Applied Kinesiology books,will find large amounts of the work repetitive.In fact the Walther publications are referred to throughout.Still, a valuable tool worthy of a place in any busy clinic.0 of 0 people found the following review helpful. May be a bit repetitious in parts, however, ...By Wolfgang JanataMay be a bit repetitious in parts, however, certainly a worthwhile compendium for the alternate health practitioner ! Thank you !

The revised edition of the best-selling book on Applied Kinesiology, Applied Kinesiology, Revised Edition introduces a diagnostic method that uses manual muscle testing to assess the body's "Triad of Health"--structure, chemistry, and psyche.

Applied Kinesiology is something that can be performed with knowledge, with physiological facts, and with predictable certainty. It should be done, it can be done, and this book offers a means and measure of how its done. George J. Goodheart, DC, founder of Applied Kinesiology This book presents the basic techniques of Applied Kinesiology simply enough for the layperson to understand and clearly enough to be used as a reference for the practitioner. It provides a good bridge for many kinesiologists to learn about classical Applied Kinesiology. Wolfgang Gerz, MD, past president of ICAK-D, International College of Applied Kinesiology, Germany Applied Kinesiology in the hands of qualified practitioners can be one of the most important noninvasive diagnostic and treatment methods known to alternative medicine. Offering the history and fundamentals of Applied Kinesiology as well as some more advanced techniques, Robert Frosts valuable book will benefit anyone interested in this modality whether one is new in the field or a seasoned professional.I saluteDr. Frostfor a book well written. Michael Lebowitz, DCAbout the AuthorROBERT FROST received degrees in psychology, biology, and physics from the University of California, Santa Cruz. He has studied traditional kinesiology and Neurolinguistic Programming, and is a teacher of the Alexander Technique. Since 1998 he has been active in the international College of Applied Kinesiology in Germany, creating courses combining psychology and Applied Kinesiology. The author lives in Gardnerville, Nevada.