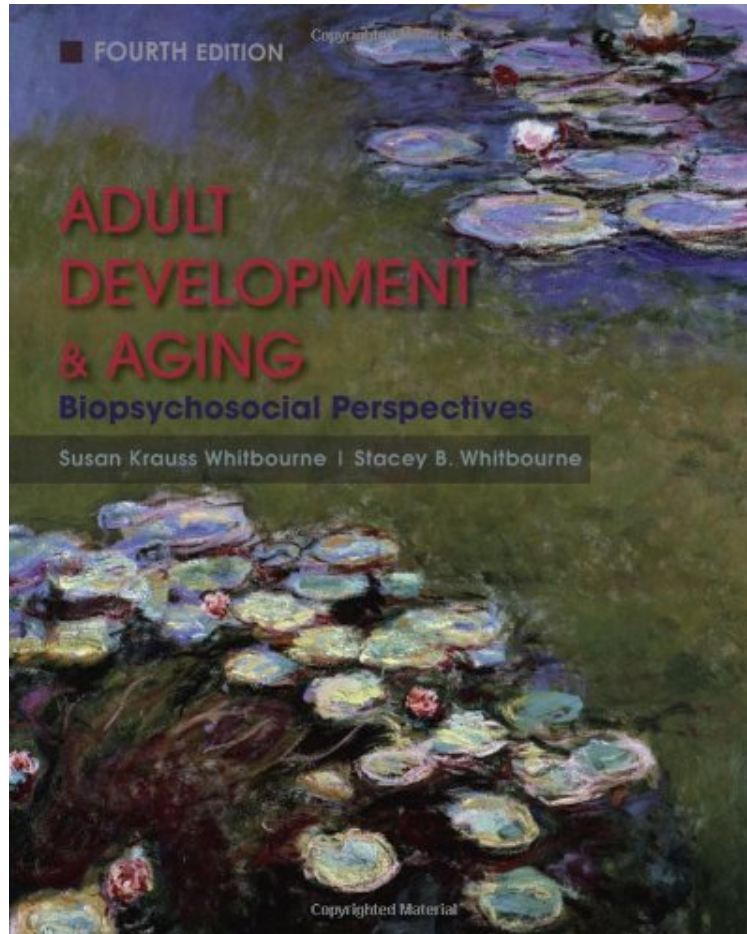


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Adult Development and Aging: Biopsychosocial Perspectives

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0 of 0 people found the following review helpful. Very readable textbookBy J. PetersonI bought this book for use in a Psychology of Aging course this past spring. I found the book to be very readable, the use of examples and the style of writing make it very accessible to people who do not have a psychology background. As someone with a degree in exercise science, I also appreciated the authors' pushing of physical activity as preventative medicine for many of the ailments that become increasingly common with older age. Excellent textbook, I find many textbooks hard to read because they are so dry, but this one did not suffer from that problem.1 of 1 people found the following review helpful. AppreciationBy John FoxAfter being immersed in dense (too dense) academic discourse, my initial reaction to this book was "too basic." After revisiting the book, I wish to retract my earlier review. It takes a mastery of the field to

produce such an accessible overview of adult development. Also, the bio-psycho-social approach is in tune with current treatment trends. This very readable book would be a pleasure to use in teaching an undergraduate adult development class. 1 of 1 people found the following review helpful. Text for a class By Nothin' Could be Final I would not have ordered this on my own, but was required for a grad school class. It's not a bad resource, but has some weak points. The chapter on Death and Dying and that on Long Term Care left a lot to be desired. Otherwise it's a decent general resource.

The fourth edition continues to provide psychologists with a fresh and engaging approach to the field of psychology of adult development and aging. It focuses on three themes: a multidisciplinary approach, positive images of aging, and the newest and most relevant research. Recent articles and updates to the information on demography, economics, and public policy are presented. The Aging in the News feature includes a story of a remarkable achievement by a middle-aged or older adult. The Assess Yourself boxes are also updated with new questions. Psychologists appreciate this mix of examples and discussions that make the material come to life.